



"A Customer First Company"

September 2020

Welcome to the September 2020 Edition of "On the Move"

Your Northern Virginia Commute May Look Different Over the Next Couple of Years

According to an analysis from the Northern Virginia Transportation Authority, there will be far lower vehicle miles traveled across the region in 2025 than would have otherwise occurred if we did not experience the COVID-19 pandemic. This decrease in miles traveled may reduce traffic delays, however this also includes miles traveled using public transit. This decrease in public transit miles may result in big trouble for area transit providers.



Source: Wikimedia Commons

After looking at current economic data, economic projections, traffic information, and the results of data describing travel habits and expectations of approximately 1,000 survey participants, according to NVTA, Northern Virginians will spend 31% less time traveling at all in 2025 than they would have.

Teleworking plays a huge roll in the outcome of these results. Individuals that work in professional services, communication

technology, and higher income type-industries may continue to have the option of teleworking in lieu of their previous "in-person" work expectations. In fact, many employers are finding that teleworking is a fairly cost-effective solution for their companies. With this new more cost-effective option on the horizon, we may see the trend of more industries reducing their space or perhaps moving to locations that don't require as much direct interaction.



Source: <https://www.freepik.com/photos/business> - Business photo created by yanalya - www.freepik.com

The trend of employers offering teleworking options to their workers does have a positive impact on the road network by limiting congestion due to the decrease of vehicles on the road. Those who will continue participating in ridesharing options such as vanpooling, may benefit from this decrease in congestion. The benefits in commute time can translate to less time on the road and more time at home or at work. Over the next couple of years NVTA will continue to encourage telework and public transit options.

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Work Habits That Can Help You Become More Efficient at Your Job

It is tempting to look at some individuals who are highly effective at their work and just assume that they naturally just work harder. This is not always the case. Take a look at a couple of ways you can become more efficient at your job without having to work excessive hours.

- Focus on most important tasks first – spend a few minutes at the beginning of your workday to decide three items on your to do list that are the most important tasks to accomplish and do those three things first.
- Schedule times of deep work – some items on your to do list are just hard and require all of your attention. Schedule time to accomplish these tasks, by limiting your availability to others and finding a place where you can focus.
- Keep a distraction list – the amount of emails, texts, and a million other to-dos can make focusing on a task difficult. Try keeping a distraction list nearby. Whenever a distracting thought pops in your head, write it down and get back to work. When you get to a point in your day that you can take a break you can revisit this list and attend to any items that you need to accomplish.
- Use the 80/20 rule - also called the Pareto Principle, the 80/20 rule states that, in any pursuit, 80% of the results will come from 20% of the efforts. Productive people identify the most important 20% of their work and then they look at ways to cut down the other 80% of their schedule. This helps them to find more time for the things that make the biggest impact.

K&K Connection September Birthdays

We would like to wish everyone born in September a very special HAPPY BIRTHDAY!

Edward Adusei	Bernard Barrar
Celeste Anderson	David Byrd
Douglas Anderson	John Ehlers
Sherrell Bullock	Arethia Childs
Jamaal Burden	James Hewitt
Vincent Cavallo	Celeste Henkel
Bernard Hayward, Jr.	Melvin Kenney
Ronald Jackson	Scott Litten
Kadir Kahraman	Danny Ortiz
Raymond Roberts	Craig Ross
Antoninette Wilkerson	William Scott
Lamar Whitehead	Eric Stanley
Patricia Stone	Darvin Taylor
Keven Ventre	Kim Thomas
Jarell Thomas	

Welcome to K&K Connections

We would like to say a BIG welcome to all our new riders. We are so privileged that you have decided to make K&K your vanpool company of choice.

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