



# "A Customer First Company"

## September 2019

### Welcome to the September 2019 Edition of "On the Move"

#### State of the Commute Report Findings

The Regional Transportation Planning Board just released its "State of the Commute" report. More than 8,200 workers across the metro area participated in a survey highlighting commuting trips.



Source: <https://www.flickr.com/photos/frted/5109598862>

The report found several trends and facts. Some of these include the following:

1. The average commute time is 43 minutes one way. This is up nearly 26% from just 15 years ago.
2. Nearly two-thirds of workers are still driving alone. However, this number is down from 3 years ago.
3. The time it takes to commute makes a difference in how satisfied a worker feels about their travel experience. Over 80% of those surveyed who commute less than 20 minutes say they are satisfied. On the other hand, of those who commute over 45 minutes, only about a quarter say they are satisfied.
4. Cyclist and walkers are the happiest with their commutes. Over 90% of pedestrians and cyclists are satisfied with their current commuter choices.
5. Transit users are more satisfied than those who drive. The report also found that, less than half of drivers are satisfied with their commute.
6. The survey found that teleworking at least one day a week is up to 35%. This is the highest it has ever been. One reason for this is that nearly half of federal workers surveyed occasionally work from home.
7. More people would like to telecommute. An estimated 775,000 people would explore this option but can't because their employer either does not allow it or their job is such that it would not be feasible.
8. Ride-hailing only makes up about 1% of how people get to work.
9. The survey also asked why people left transit. Some of these reasons include cost, time, and unreliability. However, the largest reason people left transit was due to limited or no transit options after a household move or job change.
10. Younger people have cars. Four in 10 people under 35 have at least one car in their household. This is up 8% from three years ago. A reason for this is that many millennials now have families and thus purchase cars.
11. More than half of the people surveyed have at least heard of driverless cars even if they don't know much about them. About half of the people were not interested in trying an autonomous vehicle.
12. Only a third of those surveyed have HOV lanes on their routes and only 18% of workers have access to these lanes.

Source: <https://wamu.org/story/19/09/18/most-people-spend-43-minutes-commuting-plus-9-other-facts-from-the-state-of-the-commute/>

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### Apps That Limit and Track Social Media Use

Do you know how much time you are spending on social media sites each day? Is social media having a negative impact on your work performance and productivity? There are several apps available to help you get a realistic view of how much time you are spending on social media and some can help you limit your use. Here is the list of some top apps you can try:



<https://libreshot.com/walking-with-mobile-phone/>

1. **Social Fever** - Social Fever helps those who wish to strike a balance between digital and real world by keeping watch at time spent on sites. It has a user-friendly interface, can limit any app usage by setting timers, allows you to track down your smartphone usage, and it helps you to understand your minimum and maximum usage along with weekly reports.
2. **SPACE** - With over 800,000 users across the world, SPACE is a simple app that offers numerous features and personalized tools to manage and limit social media utilization. This app disconnects you from your device during your off time and can have a customized program based on your phone usage, needs and habits.

3. **OFFTIME** – This app keeps track over your social media usage, allows you to set hourly and daily limits, unplugs your digital detox, and allows you to get some quality time along with peace of your mind. You can personalize the app by choosing custom-made modes such as family, friends, and work to help you between your virtual life and real life.

Source: <https://blogs.systweak.com/5-best-apps-that-track-social-media-usage-app-to-limit-social-media-use/>

### K&K Connections September Birthdays

We would like to wish everyone born in September a very special **HAPPY BIRTHDAY!**

Douglas Anders	Edward Adusei
Sherrell Bullock	Danny Ortiz
Raymond Roberts	Darvin Taylor
Celeste Anderson	Kevin Ferlazzo
Regina White-Kee	John Ehlers
Antoniette Wilkerson	George Arko
Vincent Cavallo	Craig Ross
Cheryle Johnson	Marcus Fields
Jamaal Burden	Scott Litten
Teresa Chambers	Neva Mensia
Celeste Henkel	Arethia Childs
Bryan Calhoun	Bernard Barr
Kadir Kahraman	Eric Stanley
Oscar Taylor, III	Eric Lorden
Lamar Whitehead	Wallace Ansari

### Welcome to K&K Connections

We would like to say a BIG welcome to all our new riders. We are so privileged that you have decided to make K&K your vanpool company of choice.

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