

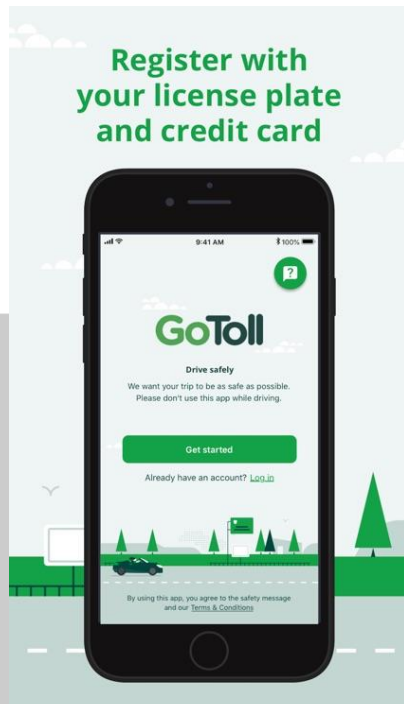


"A Customer First Company" February 2020

Welcome to the February 2020 Edition of "On the Move"

Want an Effortless Way to Pay Tolls in Virginia?

Transurban is one of the world's largest toll-road operators and runs Virginia's Express Lanes. Recently they launched an app that offers a new way to pay for tolls all from your mobile phone.



Source: <https://appadvice.com/app/gotoll-pay-tolls-as-you-go/1458646797>

GoToll uses your phone's GPS to track your toll road trips in real time. When you travel on an eligible toll road, your location and license plate is detected, and a trip is created. After your trip, you'll receive a notification and you can just tap to pay in the app, at your convenience. There is no need to pre-load your account because you simply drive and pay for trips as you take them.

Transurban says this app is ideal for people who occasionally use Virginia's toll roads but don't have an E-Z Pass toll transponder installed in their car.

Currently GoToll works on 12 Virginia highways, including the Express Lanes on the Capital Beltway, I-95 and I-66 in northern Virginia. Here is a list of all the areas you can use this app:

Northern Virginia

- 95 Express Lanes
- 495 Express Lanes
- 395 Express Lanes
- 66 Express Lanes
- Dulles Toll Road

Hampton Roads

- 64 Express Lanes
- Elizabeth River Tunnels (Midtown)
- Elizabeth River Tunnels (Downtown)
- South Norfolk Jordan Bridge
- Dominion Boulevard
- Chesapeake Expressway
- Coleman Bridge

To sign up follow these easy steps:

- Download the GoToll app from the Apple App Store or Google Play Store.
- Add your license plate and credit card number.
- Drive through cashless toll lanes throughout the state of Virginia.

There is a short window of time between activation and when you can start using the app. Visit their website for additional details.

Source: <https://www.gotoll.com/>

Special thanks to Cindy Norris for providing us with information for this article.

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What Can You Do in Just 5 Minutes?

Have you ever stopped to think about all of the short 5-minute pockets of time you have during your day and especially on your commute?



Photo Source: <https://commons.wikimedia.org/>

Instead of scrolling on social media, here are several things that take only 5 minutes of your time but can make big differences in more than one area of your life.

1. Answer 5 emails.
2. Return a phone call.
3. Read a few pages of a book. (On your phone or iPad.)
4. Tell someone how much you appreciate them.
5. Write in your journal.
6. Pay someone a compliment.
7. Do a favor for someone.
8. Review your calendar.
9. Review your goals.
10. Set some new goals.
11. Listen to a motivation song.
12. Check your to-do list.
13. Clean your workbag or purse.
14. Go for a walk around the office if you are already at work.
15. Digitize business cards.

16. Do a quick task. (Or even a couple.)
17. Delegate an item that you have been holding up.
18. Slow down and catch your breath.
19. Add a new phone number to your address book.
20. Write a thank you card.
21. Cancel subscriptions.
22. Unsubscribe from email lists.
23. Back up your device.
24. Unfollow on your social media sites.
25. Drink water.
26. Post an article on LinkedIn.

K&K Connection February Birthdays

We would like to wish everyone born in February a very special HAPPY BIRTHDAY!

- | | |
|---------------------|-----------------|
| Kimberly Adams | Curtis Badgett, |
| Michele Boatwright | Eric Conner |
| Crystal Bullock | Raven Givens |
| Keadra Dorman | Eric Hunter |
| Michael Dwyer | Mary Motley |
| Deborah Edwards | Mark Jones |
| Nalton Green | Irvin Spurs |
| Lars Harrisville | John Wilson |
| Nicolas JiQoy | Kevin Price |
| Brandon Pinkard | Vivek Kumar |
| LaVara Neumon | Peggy Lowery |
| Linda Jo Williamson | Quyen Nguyen |
| Jonathan Pfab | Richard Puerto |
| Robert Pullin | Serita Seright |
| Faye Thomas | Harold Young |

Welcome to K&K Connections

We would like to say a BIG welcome to all our new riders. We are so privileged that you have decided to make K&K your vanpool company of choice.

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