



"A Customer First Company"

April 2020

Welcome to the April 2020 Edition of "On the Move"

Are You Cleaning Your Cell Phone?

Our cell phones can not only connect us to our friends, family, and services; they can also connect us to unwanted germs. In light of concerns surrounding COVID-19, an overlooked surface that needs regular cleaning is your cell phone.

It is important to know the best ways and how often you should clean your phones.



Attribution: instructionalsolutions.com

Most phones will have a manufacturer recommendation on how to clean it best, so you may want to look at their recommendations first.

As a general rule, you want to wipe down your phone regularly. This especially applies if you have been out in public.

On Apple's website the company suggest that you can safely clean your iPhone with disinfectant wipes, like Clorox Wipes. Samsung also states that you can use an alcohol-based solution (70%) and apply it to your phone with a microfiber cloth.

While these are good suggestions to keep your phone clean there are definitely some solutions you should avoid using on your phone such as:

1. Pure Alcohol - Straight alcohol can strip the oleophobic and hydrophobic coatings that keep oil and water from damaging your display and other ports. Instead you want to use a disinfectant wipe containing 70% isopropyl alcohol. Getting this concentration of alcohol is crucial to not damaging your phone so you should be very careful if you try to make this concentration on your own.
2. Hand Sanitizer – while many hand sanitizers have the appropriate alcohol concentration most contain other additives such as fragrances and ethyl alcohol, both of which can damage your phone. If you have been out it is best to apply hand sanitizer to your hands before touching your phone.
3. Window Cleaners – You may think since the surface of your phone is like glass a window cleaner should be a safe way to keep your phone clean. Window cleaners can also strip away at the protective coatings that most phones now have. These coatings are vital in protecting your phones from oil and water.
4. Vinegar – There are countless articles around about the amazing cleaning properties of vinegar. While vinegar may be an effective way to remove dirt and grime in your home it can be extremely harmful to your cell phone. While some sites suggest you can clean the back of your phone with vinegar it's best to keep away because of accidental exposure to your phone's screen.



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Best Practices to Keep You Healthy at Work

There are several low-cost measures you can take to keep your workplace clean and safe during this time. Here are a couple of tips you can start employing today:



Source: Flickr.com

1. Make sure you are wiping your desks, tables, telephones, keyboards, and all surfaces you commonly come in contact with, regularly with disinfectant. Remember that contamination on surfaces touched by employees is one of the main ways COVID-19 spreads.
2. Wash your hands regularly. This cannot be overstated enough. While handwashing before you eat is always a good idea, try washing your hands on a regular basis whether you are eating or not. Handwashing with plenty of soap and water does help prevent the spread of the virus.

3. Wear face masks and keep paper tissues nearby. If you do develop a runny nose, make sure you dispose of your tissues in a closed bin. Do not leave tissues of surfaces.
4. Consider whether face to face meetings are necessary even at work. Can issues be resolved by email or using another mode of communication? If you must have meetings, continue to practice social distancing in those meetings by sitting further away from your coworkers. After meetings ensure all surfaces are cleaned.

Source: <https://www.who.int/docs/default-source/coronaviruse/getting-workplace-ready-for-covid-19.pdf><https://nymag.com/strategist/article/coronavirus-travel-advice.html>

K&K Connection April Birthdays

We would like to wish everyone born in April a very special HAPPY BIRTHDAY!

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|-------------------|----------------|
| Robert Alldredge | Anita Anderson |
| Emmanuel Anum | Enisha Blakely |
| Bruce Beardslee | Alva Brignoni |
| Christopher Brown | Rhoan Burnard |
| Rudolph Mendoza | Patrick Cihak |
| Everett Cannon | Sydney Dillard |
| Kenneth Johnson | Corey Gates |
| Shepherd White | Khade Grant |
| Patricia Neblett | April Higgs |
| Mayank Pateck | Gerald Mori |
| Ricardo Phillips | Peter Rodman |
| James Roots | Daniel Russell |
| Kenneth Savko | Charity Sibley |
| Crystal Squire | Michael Troyer |
| Kisha Wilkins | Krystle Yozzo |

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Welcome to K&K Connections

We would like to say a BIG welcome to all our new riders. We are so privileged that you have decided to make K&K your vanpool company of choice.