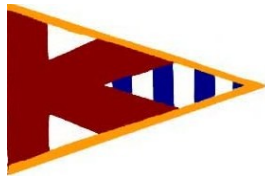


The Pilot

Kalamazoo Sail & Power Squadron

a unit of the United States Power Squadrons®



Commander's Corner



Gary W. Bleyer

KSPS, along with the South Bend Sail & Power Squadron, will host our second annual **Boats and Brats** event at the Black River Marina, 280 Oak St in South Haven on Saturday 12 June from 10 am to 3 pm. Be sure to come by for brats with all the fixin's, and Ship's Store. Also sign up for a free VSC **Vessel Safety Check**. KSPS and SBSPS will have most of our Vessel Examiners there to put member and non-member boats through the VSC checklist - Join us.



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Boats to be inspected can be at any South Haven marina or on trailer at the launch ramp. Those passing inspection get a 2010 VSC decal. Those not passing will be given instruction on what to fix to come into compliance. Most common problems are non-working lights or out-dated or missing fire extinguishers or signaling devices. Sign-up at the Black River Marina club house or by phone and we will help keep you safe. Call Karen (269) 964-5590, Nil's cell (269) 209-1740 or Maris or Bill's cell (269) 377-2291. Not in S.H? - call to arrange your own VSC.

Other Summer Events

While not promoting any particular non-squadron activity over another, just wanted to let everyone know about a few events coming up this summer.



June 12-13 is one of Michigan's **Free Fishing Weekends**.

No license is required to fish, but you must still obey the size and limits on fish species.

Fri-Sun June 18-20 Predicted Log Contest Lake Macatawa, Holland, MI - Contest on Saturday morning. Visit www.ksp-susps.org



July 15-18 is the only official Michigan stop of the **2010 Tall Ships Tour**. The ships will be in Bay City. Learn more at www.tallshipcelebration.com

Sat. 7 August USCG Parade in Grand Haven

Ever want to **explore Michigan's lighthouses**? More than 115 lighthouses dot the shores of Michigan's Great Lakes. A few have been turned into bed and breakfasts. Visit <http://www.michigan.org/Things-to-Do/Attractions/Lighthouses/>



Calendar: KSPS, D-9 & USPS Activities, Events and Meetings

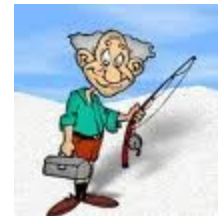
Tue 8 June 2010 Time: 1830 - 2100 KSPS Executive Committee Meeting Location: Lux Café, 2587 Capital Ave SW Battle Creek (just north of I-94)	Saturday 12 June Time: 10 am—4 pm Boats & Brats—Vessel Safety Check Black River Marina 280 Oak St. South Haven MI	Fri—Sun 18-20 June Predicted Log Visit website for details Contest on Saturday morning Lake Macatawa, Holland MI
Fri—Sun 13-15 Aug / D-9 Rendezvous East Tawas State Dock Contact MikeBurkhart1@yahoo.com or (810) 691-0345	Sat. 7 August USCG Parade Grand Haven Tue 10 Aug 2010 Time: 1830 - 2100 KSPS Executive Committee Meeting	22-24 Oct Fall Conference Holiday Inn, Perrysburg, Maumee, Toledo Ohio D9 & D29 Joint Conf

Welcome our Two Newest Members

Betty Bledsoe and Jim Johnston both took the ABC class in Kalamazoo taught by Wally Corder and followed that with Introduction to Charting in Battle Creek, taught by Nils Strand. Betty took the class because she has a friend that wants her to go boating, and she wanted to know the basics. Jim, who loves to fish, has gotten himself a little nicer boat, and is planning on doing the chain-of-lakes up north with his wife Jerilyn. (continued on page 3)

Next Meeting - Tues. 8 June

Kalamazoo Sail & Power Squadron
Social 6:30 pm, meeting at 7
Lux Café, 2587 Capital Ave SW
Battle Creek (just north of I-94)



Remember there is no newsletter or meeting in July.

Summer and Fall Classes

Boating Safety for Youth Wed & Thur. June 16 & 17
8:30 am - 12:30 Kalamazoo Old Central, 714 Westnedge Ave
Register thru Comm. Ed. 337-0466 (adults welcome too)

Learn More About Boating Increase your knowledge or take a class as a refresher. Is there a class you want to take? Contact the class coordinator listed below and let them know. We hold classes when there are 5 or more persons interested in a course. Help change some "To Be Determined" into dates.

June Birthdays

June 6 Dick Walter
June 16 Bruce Dorais
June 19 Maris Soule
June 20 Susan Norrod
June 24 James Henning
June 25 Diana Goes
June 26 Jane Chappell

July Birthdays

July 4 U.S.A.
July 6 George Tyler Jr.
July 7 Chris Hansen
July 19 Phyllis Buskirk
July 20 Betty Bledsoe
July 29 Pamela Wright

Public Courses, Advanced Grade Courses & Electives— Call contact for exact dates

Course	Date	Contact Person	Telephone	e-mail address
America's Boating Course: Battle Creek	Feb - Mar	Nils Strand	269-964-6690	nils.strand@gsa.gov
ABC Battle Creek offered again	Apr - May	Nils Strand		
America's Boating Course: Kalamazoo	Apr - May	Wally Corder	269-321-0751	wccorder@hotmail.com
DNR Course (age 12—16): Kalamazoo	16 - 17 June	Lois Whitmore	269-345-4521	lwh@core.com
Intro. To Charting: Battle Creek	May 2010	Nils Strand	269-964-6690	nils.strand@gsa.gov
Seamanship (Mon 7—9 pm)	Fall 2010/2011	Karen Strand	269- 964-6690	karenstrand@sbcglobal.net
Piloting	Fall 2010	Bill Ditty	269-323-3143	cgdiver@juno.com
Advanced Piloting	TBD	Jerry Hendrickson	269-353-7243	jlh10acrewoods@charter.net
Junior Navigation	TBD	Robert Landeros	269-501-2757	robert.landeros@sbcglobal.net
Navigation	TBD	Robert Landeros	269-501-2757	robert.landeros@sbcglobal.net
Cruise Planning	TBD—2010	Karen Strand	269-964-6690	karenstrand@sbcglobal.net
Engine Maintenance (Wed 6:30-8:30)	Winter 2010	Dan Livingston	269-781-2328	autodan@yahoo.com
Instructor Development	TBD	Lois Whitmore	269-345-4521	lwh@core.com
Marine Electronics	TBD	Harold Hladky	269-969-0815	harold.hladky@wmich.edu
Operations Training	TBD	Phyllis Buskirk	269-375-2586	andiamo91@cs.com
Sail & Advanced Sail	TBD	George Tyler, Jr.	269-671-4560	gtn8kjd@tds.net
Weather	TBD	H. Hladky & G. Tyler	269-375-2586	Harold H. or George Tyler



Carry your medical information where ever you go

Ruth Anne and George Tyler want to let others know about this simple method of carrying your significant medical records with you. Ruth Anne has tremors which makes writing tedious and difficult, especially when you have to fill out medical forms. Now, Ruth Anne carries a thumb drive with a document containing all her medical information on a chain around her neck. This way she has a list of all her allergies, treatments and surgeries, along with the dates and who performed them. She can also keep an up-to-date list of all her medications and dosages. Ruth Anne decided that allergies, especially to drugs or latex, should be in red. Other critical information like blood thinning medication might also be tagged red. The information is especially useful when seeing a new doctor or therapist.



Photo by Scott Harmsen,
Kalamazoo Gazette

To know what to include, ask for an extra copy of a blank medical history form from your doctor's office (or a copy of your personal medical history – the two page form you filled out), then use those questions to guide you as you type your own information into a file using a word processor, like Microsoft Word. You can also save it as an Adobe PDF file, which can be read by anyone who has Adobe Reader on their computer. Most doctors offices, emergency rooms and even some ambulances are equipped with computers or laptops and should be able to read the file, saving valuable time, especially in an emergency. Most memory sticks or thumb drives have plenty of storage space, so you could have one copy in Word, one in PDF and even a copy of Adobe Reader.

If you don't have the necessary computer skills, ask one of your children, nephews, nieces or grandchildren to help you with setting up and typing the information. That might be a good way to segue into a discussion of healthier live styles and illness that are hereditary. You may also get help setting up your file at the public library or a senior center.

Another tip that Ruth Anne and George want to share is to put a medical symbol on the thumb drive or memory stick. The caduceus – two intertwined snakes around a dagger or Rx would be recognized by most first responders – ambulance, police or fire. Ruth Anne chose a red memory stick to draw attention to it. George has been a member of KSPS since 1967. He is currently our chaplain, instructor and on the Executive Committee.

Surviving Cold Water Immersion: Wear Your PDF

Most people think they do not need a PFD when they are near shore. However, the fact is when the water is only 45 to 47 degrees, as is typical very early and late in the boating season in Michigan, you only have 10 minutes of meaningful movement after you fall overboard. A Coast Guard study found you have:

- ◆ 1 minute to get breathing under control
- ◆ 10 minutes of meaningful movement
- ◆ 1 hour until you become unconscious due to hypothermia

Your body's initial autonomic reaction when you hit cold water is to gasp for breath. It is difficult to coordinate your movements when you are gasping for air. You have 1 minute to get your breathing under control, then 10 minutes of meaningful movement to try to climb back on board or to get yourself out of the water. That 10 minutes is critical for the fine motor skills needed to put on a PFD, use a VFH radio to call for help or light a signal flare. After 10 minutes in water 45 to 47 degrees you will no longer be able to do very much other than tread water.

If you have your PFD on, you have about 1 hour until you slip in to unconsciousness due to hypothermia. If you do **not** have a PFD on, you will be unable to tread water or keep your head above the surface for very long.

See a short 10 minute video called Cold Water Boot Camp. <http://www.usps.org/newpublic2/camp.htm>

Welcome New Members (continued)

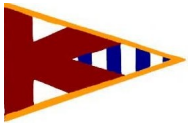
Why not welcome our new members by inviting them to go out with you for a short cruise. There is nothing like an on-the-water experience to make what you learned in the classroom take hold. I'm not sure either has been out on Lake Michigan.



Call Betty at
(269) 327-6130

Call Jim at
(269) 375-8441

Betty Bledsoe in
charting class.
See last page for
Jim's photo.



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Boating is fun... We'll show you how!

The 2010 KSPS Bridge Officers

Commander	Cdr Gary W. Bleyer, S	269-731-5601 (home)	bleyer@wmich.edu
Executive Officer	Lt/C Daniel L. Livingston, S	269-781-2328 (home)	autodan@yahoo.com
Educational Officer	Lt/C Wally Corder, S	269-321-0751 (home)	wccorder@hotmail.com
Administrative Officer	Lt/C Roger Todd, P	269-945-5211 (home)	rogertodd@core.com
Treasurer	P/C Nils Strand, AP	269-964-6690 (home)	nils.strand@gsa.gov
Secretary	Lt/C Lyndell Bleyer, S	269-731-5601 (home)	bleyer@wmich.edu

KSPS Member Recognized



P/C Nils K. Strand, AP is recognized at the May meeting for his dedication to the Kalamazoo Sail & Power Squadron. Nils coordinates public boating safety education in Battle Creek, overseeing both the ABC and Introduction to Charting classes. Nils was commander in 2000 and has been our Treasurer for many years. He also serves as Port Captain in South Haven. Both he and his wife, Karen are very active KSPS volunteers. He is pictured left, along with Cdr Gary Bleyer.

New member—Jim Johnston

