# HUMAN METEORIN LIKE (METRNL) ELISA KIT

FOR THE QUANTITATIVE DETERMINATION OF HUMAN METRNL CONCENTRATIONS IN SERUM AND PLASMA



ALWAYS REFER TO LOT SPECIFIC PROTOCOL PROVIDED WITH EACH KIT FOR INSTRUCTIONS. PROTOCOL MUST BE READ AND CHECK ALL ITEMS OF EACH KIT BEFORE USING THIS PRODUCT.

FOR RESEARCH USE ONLY. NOT FOR USE IN DIAGNOSTIC PROCEDURES.

## PRODUCT INFORMATION:

THIS KIT IS FOR ONE TIME USE ONLY.

ELISA NAME	HUMAN METRNL ELISA KIT
Catalog No.	SK00478-06
Lot No.	
Formulation	96 T
Standard range	125 - 8000 pg/mL
Sensitivity	15 pg/mL
Sample Volume	100 μL
Sample Type	Serum, Plasma,
Dilution Factor	(Optimal dilutions should be
	determined by each laboratory for each application)
Specificity	laboratory for each
Specificity  Calibration	laboratory for each application)
	laboratory for each application) Human METRNL Human METRNL
Calibration Intra-assay	Iaboratory for each application) Human METRNL Human METRNL recombinant
Calibration Intra-assay Precision Inter-assay	Iaboratory for each application) Human METRNL Human METRNL recombinant 4 - 6%

approximately 35-40 samples duplicated provided that assay is run according to protocol.

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#### DESCRIPTION

This Human Meteorin Like (METRNL) ELISA Kit contains the necessary components required for the quantitative measurement of recombinant and/or natural METRNL from serum and plasma samples in a sandwich ELISA format.

This immunoassay contains recombinant METRNL and antibodies raised against this protein. Results from this immunoassay have shown to accurately quantify recombinant and natural active BDNF samples.

## **ASSAY OVERVIEW**

This assay employs the quantitative sandwich enzyme immunoassay technique. The plate is precoated with an antibody specific for METRNL. The capture antibody can bind to the METRNL in the standard and samples. After washing the plate of any unbound substances, a biotinylated antibody against METRNL is added to the wells. After another washing of the plate, Streptavidin-HRP Conjugate is added. After the last wash to remove any unbound enzyme, a substrate solution is added to the wells and color develops in direct proportion to the amount of METRNL bound in the standard solutions or samples. A standard curve can be established and sample values can be read off the standard curve.

## **PROCEDURAL LIMITATIONS**

\_FOR RESEARCH USE ONLY. NOT FOR USE IN DIAGNOSTIC PROCEDURES.

\_This ELISA kit should not be used beyond the expiration date on the kit label.

\_Do not mix reagents with those from other lots or sources.

\_It is important that the Dilution Buffer selected for the standard curve be consistent with the samples being assayed.

\_Any modifications in buffers, pipetting technique, washing technique, incubation time or temperature, as well as kit age can cause a change in signal.

\_Not all interfering factors have been tested in the immunoassay, therefore the possibility of interference cannot be excluded.

## **COMPONENTS PROVIDED**

DESCRIPTION	CODE	QUANTITY
METRNL Microplate - 96 well polystyrene microplate (12 strips of 8 wells) coated with an antibody against METRNL.	478-06-01	1 plate
METRNL Standard – 8000 pg/vial of rh METRNL in a buffered protein base with preservative; lyophilized.	478-06-02	1 vial
Detection Antibody Concentrate – 1.2 mL/vial, 10-fold concentrated of biotinylated antibody against METRNL with preservative; lyophilized.	478-06-03	1 vial
Positive Control- one vial of recombinant METRNL; lyophilized.	478-06-04	1 vial
Streptavidin-HRP Conjugate - 120 µl/vial, 100- fold concentrated solution of Streptavidin conjugate to HRP.	SAHRP	1 vial
<b>Dilution Buffer</b> – 45 mL of buffered protein based solution with preservative.	DB03T	1 bottle
Antibody Diluent Solution  – 12 mL of buffered protein based solution with preservative.	DB11C	1 bottle
HRP Diluent Solution – 12 mL of buffered protein based solution with preservative.	DB11B	1 bottle
Wash Buffer 20X - 25 mL of 20-fold concentrated buffered surfactant, with preservative.	WB01	1 bottle
TMB Substrate Solution - 11 mL of TMB substrate solution.	TMB01	1 bottle
<b>Stop Solution</b> - 11 mL of 0.25M HCl solution.	S-STOP	1 bottle
Plate Sealer	EAPS	1 piece
Plastic Pouch	P01	1 piece

## **STORAGE**

**Unopened Kit:** Store at 2 – 8° C for up to 6 months. For longer storage up to 12 months, unopened Standard, Positive Control, Detection Antibody

Concentrate, Dilution Buffer and HRP Diluent Solution should be stored at -20° C. Streptavidin-HRP Conjugate and TMB Substrate Solution should be stored only at 2-8° C. Do not use kit past expiration date.

## ADDITIONAL MATERIALS REQUIRED

- Microplate reader capable of absorbance measurement at 450 nm.
- Microplate shaker (250 300 rpm).
- Microplate washer or manifold dispenser.
- 100 mL and 500 mL graduated cylinders.
- Multi-channel Pipette, Pipettes and pipette tips.
- Deionized or distilled water.

#### **PRECAUTION**

This kit should be handled by those persons who have been trained in and can follow the principles of good laboratory practice. Wear protective clothing such as laboratory overalls, safety glasses and gloves. Care should be taken while handling solutions in this kit to avoid contact with skin or eyes, especially with the stop solution because it contains diluted hydrochloric acid. Wash immediately with water in case of contact on skin or eyes.

## SAMPLE COLLECTION AND STORAGE

**Serum** - Use a serum separator tube (SST) and allow samples to clot for 30 minutes before centrifugation for 15 minutes at  $1000 \times g$ . Remove serum and assay immediately or aliquot and store samples at  $\leq$  -20° C. Avoid repeated freeze-thaw cycles.

Plasma - Collect plasma using EDTA, heparin, or citrate as an anticoagulant. Centrifuge for 15 minutes at 1000 x g within 30 minutes of collection. Assay immediately or aliquot and store samples at ≤ -20 $^{\circ}$  C. Avoid repeated freeze-thaw cycles.

Optional: Use Aprotinin (enzyme inhibitor)
(Aviscera Bioscience's Order Code: 00700-01-25, 25
TIU for 50 ml sample solution) for ALL sample
collection to prevent sample degradation. 0.5 TIU
per ml of sample solution.

## SAMPLE PREPARATION

Human Serum samples may not require pre-dilution. Human EDTA Plasma samples may need 8 fold dilution. A suggested 8 fold dilution is 12.5  $\mu$ l per

well of EDTA Plasma sample + 87.5 μl per well of Dilution Buffer DB03T.

Optimal dilutions should be determined by each laboratory for each application with a sample pretest.

Use polypropylene test tubes.

## REAGENT PREPARATION

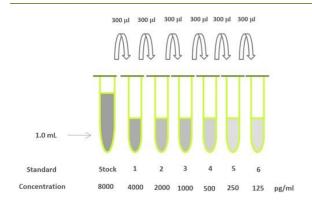
Bring all reagents to room temperature before use. Centrifuge the stock vial of Standard, Detection Antibody Concentrated and Positive Control at 5000 ~ 10000 rpm for 1 minutes prior to reconstitution.

Wash Buffer - If crystals have formed in the concentrate, warm to room temperature and mix gently until the crystals have completely dissolved. Dilute 25 mL of Wash Buffer Concentrate 20X into deionized or distilled water (475 mL) to prepare 500 mL of 1x Wash Buffer.

Dilution Buffer (DB03T) - Dilution Buffer (DB03T) is highly viscous at 2-8 °C storage, warm it in 30-37 °C water bath until liquid flows more freely.

Human METRNL Standard - Reconstitute the METRNL standard with 1 mL of Dilution Buffer DB03T. This reconstitution produces a stock solution of 8000 pg/mL. Allow the standard to sit for a minimum of 3 minutes with gentle agitation prior to making dilutions. Pipette 300  $\mu L$  of Dilution Buffer into the tube #1 to #6. Use the stock solution to produce a dilution series (below). Mix each tube thoroughly before the next transfer. The 8000~pg/mL standard serves as the high standard. The Dilution Buffer serves as the zero standard (0 pg/mL). Store the stock solution of standard at -20  $^{\sim}$  - 70  $^{\circ}$ C for a few days.

TUBE	STANDARD	DILUTION BUFFER	CONCENTRATION
stock	powder	1.0 ml	8000 pg/ml
#1	300 µl of stock	300 μΙ	4000 pg/ml
# 2	300 μl of 1	300 μl	2000 pg/ml
#3	300 μl of 2	300 μΙ	1000 pg/ml
# 4	300 μl of 3	300 μΙ	500 pg/ml
# 5	300 μl of 4	300 μΙ	250 pg/ml
# 6	300 μl of 5	300 μΙ	125 pg/ml



**Positive Control** - Reconstitute the Positive Control with 2 mL of Dilution Buffer. Discard the positive control after use. It is for one time use only.

**Detection Antibody** - Reconstitute the Detection Antibody Concentrate with 1.2 mL of **Antibody Diluent Solution (DB11C)** to produce a 10-fold concentrated stock solution. For 96 wells test, freshly pipette 9.45 mL of **Antibody Diluent Solution (DB11C)** into a 15 ml centrifuge tube and transfer 1.05 mL of 10-fold concentrated stock solution to prepare working solution. *If run a partial strip test, freshly prepare 900 μL per strip (8-wells) of working solution. Store the stock solution of 10-fold concentrated detection antibody at -20 °C for a few days.* 

Streptavidin-HRP Conjugate – For 96 wells test freshly pipette 11.88 mL of HRP Diluent solution (DB11B) into a 15 mL centrifuge tube and transfer 120  $\mu$ L of 100-fold concentrated stock solution to prepare working solution (protect from light).

The working solution of Streptavidin-HRP Conjugate should be freshly prepared and used within 10-20 min. If run a partial strip test, freshly prepare 900  $\mu$ L per strip (8-wells) of working solution. Store the stock solution of 100-fold concentrated Streptavidin HRP ONLY at 2-8°C for 12 months.

Pre-wash the METRNL Microplate with 1 x wash buffer for 3 times prior to use.

## **ELISA PROTOCOL**

Bring all reagents and samples to room temperature before the start of the assay. Blank, standard dilutions, positive control and samples should be assayed in duplicate. ELISA Protocol may need further optimization.

- 1. Prepare all reagents and working standards as directed in the previous sections.
- Add 100 μL per well of Dilution Buffer to Blank wells.
- 3. Add 100 µL of standard dilutions in reverse order of serial dilution, samples, or positive control per well. Cover with plate sealer. Incubate for 2 hours on microplate shaker at room temperature.
- 4. Aspirate each well and wash, repeating the process three times for a total of four washes. Wash by filling each well with 1x Wash Buffer (300 μL) using a squirt bottle, manifold dispenser, or autowasher. Complete removal of liquid at each step is essential to good performance. After the last wash, remove any remaining Wash Buffer by aspirating or decanting. Invert the plate and blot it against clean paper towels.
- 5. Add 100  $\mu$ L of Detection Antibody working solution to each well. Cover with plate sealer. Incubate for 90 minutes on microplate shaker at room temperature.
- 6. Repeat the aspiration/wash as in step 4.
- Add 100 μL of Streptavidin-HRP Conjugate working solution to each well. Incubate for 45 minutes on microplate shaker at room temperature. Protect from light.
- 8. Repeat the aspiration/wash as in step 4.
- Add 100 μL of Substrate Solution to each well. Incubate for 20 minutes on microplate shaker at room temperature. Protect from light.
- 10. Add 100  $\mu$ L of Stop Solution to each well. The color in the wells should change from blue to yellow. If the color in the wells is green, or if the color change does not appear uniform, gently tap the plate to ensure thorough mixing.
- 11. Determine the optical density of each well using a microplate reader set to 450 nm within 3 minutes.

# **CALCULATION OF RESULTS**

Create a standard curve by plotting the log of the known concentrations of the standard dilutions (x-axis) versus the log of its corresponding O.D. (y-axis) and draw the best fit line through the points. It is recommended to use computer software capable of generating a log-log curve or 4-parameter fit to more accurately quantify the standard dilutions.

If samples have been diluted, the concentration read from the standard curve must be multiplied by the dilution factor.

## **SPECIFICITY**

PROTEINS	CROSS-REACTIVITY (%)
Human METRNL	100
Human Meteorin	0
Humna FABP4	0
Human FGF21	0
Human Adiponectin	0
Human Visfatin	0

Mouse and Rat serum or Plasma samples can be detected by this ELISA.

## TYPICAL STANDARD CURVE

This standard curve is provided for demonstration only. A new standard curve should be generated for each set of samples assayed.

STANDARD (PG/ML)	AVERAGE OD450NM (CORRECTED)		
Blank	0 (0.089)		
62.5 optional	0.022		
125	0.044		
250	0.099		
500	0.205		
1000	0.349		
2000	0.761		
4000	1.417		
8000	2.045		

## SUMMARY OF ASSAY PROCEDURE

# PREPARE REAGENTS, SAMPLES AND STANDARDS

1

Pre-wash the METRNL Microplate with 1 x wash Buffer for 3 times prior to use. Add 100  $\mu$ l of standard dilutions, samples, or positive control to the well. Incubate for 2 hours on the plate shaker at RT.



Aspirate and wash 4 times.



Add 100  $\mu$ l Detection Antibody working solution to each well. Incubate for 90 minutes on the plate shaker at RT.



Aspirate and wash 4 times.



Add 100  $\mu$ l Streptavidin-HRP conjugate working solution to each well. Incubate for 45 min on the plate shaker at RT. **Protect from light**.



Aspirate and wash 4 times.



Add 100  $\mu$ l Substrate solution to each well. Incubate 20 min on the plate shaker at RT. **Protect from light**.



Add 100  $\mu$ l Stop Solution to each well. Read at 450 nm within 3 min.

The research pooled samples were diluted by Dilution Buffer DB03T. Its linearity and recovery was assayed by Human METRNL ELISA Kit SK00478-06.

Sample	Dilution Factor	Assayed (pg/mL)	Final (pg/mL)	Recovery (%)
Human Serum	1	675.336	675.336	100
Human Serum	2	331.291	662.581	98
Human EDTA Plasma	4	259.402	1037.608	100
Human EDTA Plasma	8	147.102	1176.816	113
Human EDTA Plasma	16	73.042	1168.672	113